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# **TAMESIS CLUB**

**Trowlock Way, Teddington, TW11 9QY +44 208 977 3589**

## **STANDARD SAILING INSTRUCTIONS**

**April 2014**

# TAMESIS CLUB

## STANDARD SAILING INSTRUCTIONS

### 1 RULES

Racing will be governed by the

1.1 Rules defined in the Racing Rules of Sailing (RRS) and the prescriptions of the RYA. Changes to the RRS are stated below.

1.2 Equipment Rules of Sailing (ERS)

1.3 Thames Navigation Licensing and General Byelaws 1993

1.4 -for club points, regattas and trophy races the class rules of the National 18, Merlin Rocket, Firefly, Laser, Cadet and Mirror classes, as appropriate and any additional class of which details are posted on the club notice board, unless modified by these SSIs. Each class will race in accordance with a handicap and/or points system of which details will be available from the class captains. For club general handicap or pursuit races, handicaps will be posted in advance of a race by a club handicapper.

-for an Open Meeting, the appropriate class rules (unless modified by these SSIs or a Notice of Race).

1.5 Tamesis Standard Sailing Instructions.

### 2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board inside the Clubhouse.

### 3 CHANGES TO SAILING INSTRUCTIONS

Will be posted at least 30 minutes before the start of the race concerned; Flag L will be displayed ashore until the start of the last race to which the change applies.

### 4 SIGNALS MADE ASHORE


Will be displayed on a mast with an orange flag near the starting box in use.

### 5 SCHEDULE OF RACES

-for club races please see the club Sailing Programme published as a separate card, and also the club web site. The first warning signal for Sunday races will normally be at 1025; and for Thursday evening races, 1910. Alternatively a schedule of races will be stated in a Regatta poster, or a Trophy Race poster

-for an Open Meeting, please see the Notice of Race.

### 6 CLASS FLAGS

class	IC letter/no	flag	class	IC letter	flag
Cadet	Y		N 18	R	
Merlin Rocket	O		Firefly/ Solo	F	
Laser	8		H'cap	U	

## 7 RACING AREA








Between Teddington Weir and Kingston Railway Bridge

## 8 THE COURSES

Course letters (Annex A) followed by the number of laps, will be displayed on the starting box. A diagram may be displayed.

## 9 MARKS

Course marks are laid according to conditions. The "*likely location*" in italics after each mark is only an indication. The marks will be pole buoys each with a flag:

Mark	IC letter/description	flag
<b>Lensbury</b> <i>downstream of clubhouse</i>	J	
<b>Canbury</b> <i>upstream of clubhouse</i>	X	
<b>Cadet</b> <i>vicinity of clubhouse, Surrey bank, or upstream of Steven's Eyot.</i>	Y	
<b>Club</b> <i>vicinity of clubhouse Middx bank</i>	Tamesis club burgee, or rectangular flag with club colours and logo (not illustrated)	
<b>Optimist</b>	Q	
<b>Trowlock</b> <i>vicinity of Trowlock Island (downstream)</i>	M	
Inner Distance Mark <b>IDM</b>	L	

## 10 AREAS THAT ARE OBSTRUCTIONS

There are no areas ranked as obstructions, but a boat shall not pass between Steven's Eyot (the island immediately upstream of Tamesis Club) and the Surrey bank.

## 11 THE START

11.1 Races will be started by using rule 26 with the warning signal made 5 minutes before the starting signal except that for club Thursday evening races there will only be the following signals for the N18 class: flag R up at 1916 (one-minute), and flag R down (start) at 1917. This changes RRS 26.

## 11.2 Starting Lines

11.2.1 The line in use will be shown by an orange flag on a mast near the appropriate starting box, being either:

**The clubhouse box** (on the roof) – the transit of a St Andrew's Cross and a triangle, each mounted on a vertical spar behind the starting box, or

**The Smithy** (box near Ariel SC) – the transit of a St Andrew's Cross and a triangle, each mounted on a vertical spar behind the starting box. A white post may be on or near the line on the Surrey bank.

**An IDM** (inner distance mark, flag "L") will be laid on or near the line. A boat shall pass between the IDM and the Surrey bank at the start and finish. Otherwise boats may leave the IDM to port or starboard.

11.2.3 A boat which has not started within 15 minutes after her starting signal shall be scored DNS without a hearing. This changes RRS A5.

### 11.2.4 Individual Recalls

-for club races: individual recalls will be signalled by leaving the Class Flag at half drop and making a sound signal. This changes RRS Race Signals and RRS 29.1.

-for open meetings Flag X will be used according to RRS Race Signals.

### 11.2.5 General Recalls

-for club races, after a general recall during a series of starts, the recalled class will be restarted at the end of the start sequence. The warning signal for the first recalled class will be displayed at the starting signal for the last scheduled start. When more than one class is recalled, restarts will be in the same order as the original sequence and at five-minute intervals. This changes RRS 29.2.

-for open meetings RRS 29.2 will apply (all following starts delayed for a re-start after a general recall)

## 12 THE FINISH

The finishing line will be the same as the starting line. (*Note SI 11.2.1 IDM*).

## 13 SHORTENING COURSE

A Course will be shortened only at the finishing line.

-for club races, **Sunday class racing**: A shorten course signal (flag 'S' plus class flag) with 2 sounds will be displayed when the leading boat in a class has rounded what has become the last mark of the course, or when the leading boat comes into sight of the finishing line after rounding that mark. When flag 'S' is already displayed for a previous class, the shorten course signal for the next class to finish will be the display of the class flag accompanied by 2 sounds. This changes RRS race signals.

Once the leading boat has finished, all other boats in her class will finish when they next cross the finishing line in the same direction as the leading boat. Lapped boats will have finishing positions behind boats which completed the same number of laps as the leading boat.

-for club races, **General Handicap**: (Thursday evenings (1915) and Sunday mornings (1030): all boats will be finished when they cross the line after flag 'S' has been displayed with 2 sounds (no class flag will be displayed). Places will be awarded on average lap times.

## 14 PENALTY SYSTEM

14.1 **Touching a Mark** - RRS 44.1 (penalty turns) will not apply, but a boat may exonerate herself from an infringement of RRS 31 (touching a mark) when she touches:

- a mark of the course – by completing her rounding of the mark on the required side and then re-rounding it;
- a starting mark (after the preparatory signal) - by rounding it after her starting signal and then *starting*;
- a finishing mark (when finishing) - by rounding it and then *finishing*;

### 14.4 Propulsion - RRS Appendix P – RRS 42

RRS Appendix P1-4 is replaced by P1-P2-P3 below:

**P1 Signalling a penalty:** An observer designated by the OOD who sees a boat breaking RRS 42 may penalise her by, as soon as reasonably possible, making a sound signal, pointing a yellow flag at her and hailing her sail number, even if she is no longer racing. A boat so penalised shall not be penalised a second time under RRS 42 for the same incident.

**P2 Penalties:** When a boat is penalised under rule P1 her penalty shall be a Two-Turns Penalty (RRS 44.2). If she fails to take it she shall be disqualified without a hearing; this changes RRS 63.1.

**P3 Redress limitation:** A boat shall not be given redress for an action by a member of the protest committee or its designated observer under rule P1 unless the action was improper due to a failure to take into account a race committee signal or a class rule.

This measure does not prejudice a competitor's own right to protest a fellow competitor for breaking RRS 42.

## 15 TIME LIMITS AND TARGET TIMES

### 15.1 Time limits

15.1.1 If a time limit is to be used a notice will be posted at least 30 minutes before the start of the race concerned

15.1.2 Only boats finishing within a time limit will have a finishing position. This changes RRS 35.

### 15.2 Target times – club races

The target time for a leading boat is 60-90 minutes' racing in a club Sunday class points race, and 60 minutes in a club points race on a Thursday evening. Failure to meet a target time will not be grounds for redress. This changes RRS 62.1(a).

## 16 PROTESTS AND REQUESTS FOR REDRESS

Shall be submitted on an RYA protest form to the OOD no later than 30 minutes after the last boat finishes the race concerned. No deposit required. Protests will be heard as soon as possible.

## 17 SCORING

-In club points races:

- the number of races scheduled shall be as shown on the Club Programme.
- boats without a finishing position but which came to the starting area, will have points for the finishing place one more than the number of boats that came to the starting area. Boats that did not come the starting area will not be scored. This amends RRS A5 and A9.

- the number of races to constitute a series will be half those completed; except that a class captain with the approval of the Sailing Committee, may post a revised number on the notice board before the first race of the series.
- points will be gained by a helm in a single boat. If a helm changes boats, the points will stay with the helm and not the boat. Only one boat change is allowed per series.

-at open meetings: see Notice of Race

## **18 SAFETY REGULATIONS**

Personal Buoyancy

RRS 40 is changed so that personal flotation devices shall be worn:

- by all competitors between 1st November to 31st March;
- by all persons under 18 years whilst afloat at any time;

Attention is drawn to Fundamental Rule 1.2 (Life-Saving Equipment and Personal Buoyancy).

The above shall apply to the National 18 class notwithstanding class rule C3.

## **19 PRIZES**

19.1 For Club Aggregate and Handicap Series - the number of prizes shall be the square root of the number of qualifying helms, rounded up to the next whole number.

19.2 For Club Trophies, Open Meetings and Regattas - the number of prizes shall be the square root of the number of entries, rounded up to the next whole number.

19.3 Tamesis Club Trophies are at Appendix B.

**20 RISK STATEMENT** Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone." Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in racing at Tamesis, each competitor agrees and acknowledges that:

20.1 They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;

20.2 They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;

20.3 They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;

20.4 Their boat is in good order, equipped to sail in the event and they are fit to participate;

20.5 The provision of a race management team, patrol boats and other officials and volunteers by the event organizer does not relieve them of their own responsibilities;

20.6 The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;

20.7 Their boat is adequately insured, with cover of at least £2,000,000 against third party claims.

20.8 A skipper undertakes to inform his/her crew of the contents of this Risk Statement and to draw the crew's attention to the importance of every person having appropriate personal insurance having regard for their individual circumstances.

Alan Green, Rear Commodore (Sailing)

Tamesis Club, April 2014 SSIs (v 4 amended September 2015)

## Annex A to Tamesis Standard Sailing Instructions 2014

### **TAMESIS CLUB COURSES**

Courses A-L: the number of rounds will be shown by a number displayed immediately following the course letter(s), and a

RED TRIANGLE = round MARKS TO PORT, or a

GREEN DIAMOND = round MARKS TO STARBOARD.

Letter A added to the course letter(s) in a course including the Canbury mark means that the Canbury mark is upstream of Steven's Eyot.

Courses M-SX: round the marks in the order given.

- A Downstream to LENSBURY, to CLUB (end of first round). Upstream finish. On the last leg of the course to finish, CLUB is not a mark of the course.
- B Downstream to CADET, to CLUB (end of first round). Upstream finish. On the last leg of the course to finish, CLUB is not a mark of the course.
- C Downstream to CADET, to CANBURY to starting line. Downstream finish.
- D Upstream to CANBURY, to CADET to starting line. Upstream finish.
- E Upstream to CANBURY, to LENSBURY, to CLUB (end of first round). To LENSBURY to CLUB (end of subsequent rounds). Upstream finish. On the last leg of the course to finish, CLUB is not a mark of the course.
- F Downstream to LENSBURY, to CADET (end of first round). Upstream finish. On the last leg of the course to finish, CADET is not a mark of the course.
- G Upstream to CANBURY, to LENSBURY to CADET (end of first round). To LENSBURY to CADET (end of subsequent rounds). Upstream finish. On the last leg of the course to finish, CADET is not a mark of the course.
- H Upstream to CANBURY, to CADET, to CANBURY (end of first round). From CANBURY to downstream finish. On the last leg of the course to finish, CADET is not a mark of the course (CADET should be positioned UPSTREAM of Stevens Eyot)
- J Downstream to LENSBURY, to CADET (end of first round) to LENSBURY, to CLUB (end of subsequent rounds), Upstream finish. On the last leg of the course from LENSBURY to finish, CLUB is not a mark of the course.
- K Downstream to LENSBURY, to CANBURY, to starting line
- L Upstream to CANBURY to LENSBURY to starting line
- M Downstream to LENSBURY (S) - CADET(S) - CLUB (P) - CANBURY (P).
- O Downstream to LENSBURY (P) - CLUB (P), - CADET (S), - CANBURY (S).
- P Upstream to CANBURY (P) - LENSBURY (S) - CADET (S) - CLUB (P).
- S Upstream to CANBURY (S) - LENSBURY (P) - CLUB (P) - CADET (S).
- MX Downstream to LENSBURY (S) - CADET (S) - CLUB (P) - TROWLOCK (S) - OPTIMIST (P) - CANBURY (P).
- OX Downstream to LENSBURY (P) - CLUB (P) - CADET (S) - OPTIMIST (P) - TROWLOCK (S) - CANBURY (S).
- PX Upstream to CANBURY (P) - LENSBURY (S) - CADET (S) - CLUB (P) - TROWLOCK (S) - OPTIMIST (P).
- SX Upstream to CANBURY (S) - LENSBURY (P) - CLUB (P) - CADET (S) - OPTIMIST (P) - TROWLOCK (S).
- X Special course. Details will be displayed at the starting line or in the Clubhouse.

## Appendix B to Tamesis Standard Sailing Instructions 2014

### **TAMESIS CLUB TROPHIES**

<b>NATIONAL 18</b>	
Lobb Cup	Easter Regatta
Queen Adelaide Cup	The oldest trophy in the club. Sailed for in three races on the same day in midsummer, results based on personal handicap
Anchor Trophy	Raced for in the same races as the Queen Adelaide Cup, but awarded without handicap
Eighteen Cup	Open Meeting, usually in Autumn
Claude Russell Cup	Single race on Saturday afternoon of Open Meeting
Langdon Down Cup	Summer points trophy
Peter Fayers Cup	Summer personal handicap trophy
18 Barometer	Boxing Day
<b>MERLIN ROCKET</b>	
Merlin Trophy	Easter Regatta
Bridger Cup	Summer points trophy
Merlin Handicap	Summer handicap trophy
Black Mark	Winter series trophy
Merlin Winter Handicap	Winter handicap trophy
Tamesis Travellers series	Series running from January to the end of March, encompassing both the Sunday Handicap and Winter Series races. Open to Tamesis members and visiting boats.
Geoff Cooper Trophy	Single race combined with the last race of the Winter series. The leading boat must sail for not less than one-and-a-half hours unless the OOD decides that special circumstances prevail
Restless Trophy	Sailed for on the first Sunday of Salcombe Merlin Week
Autumn Regatta Cup	Autumn Regatta
Porteous Cup	Overall winner of the Vintage Merlin meeting, usually the day preceding the Sondown Cup
Southcott Trophy	Awarded for the last race in the Vintage Merlin meeting
Sondown Cup	Open Meeting, usually in the Autumn. Can be Silver Tiller event as well
Elizabeth Bowl	Highest placed vintage Merlin in the Sondown Cup meeting



Merlin Cannon	Awarded annually by the class captain to a vintage/classic Merlin. Cannot be won by same helm in consecutive years
Susan's Sword	Boxing Day - 1st prize
Samurai Sword	Boxing Day - 2nd prize
Pistol	Boxing Day - 3rd prize
<b>LASER</b>	
Brian Evans Cup	Easter Regatta
Laser Frostbite Mug	Winter series
Laser Shield	Summer points series
Reilly Cup	Summer handicap
Laser Barometer	Open meeting
Laser Pot	Boxing Day
<b>FIREFLY</b>	
Badder Cup	Easter Regatta
Single-handed Trophy	Single-handed event
Elizabeth Cup	Open meeting
Firefly Mug	Winter points series
Hampton Trophy	Winter handicap series
Knowles Bowl	Summer points series
Firefly Chalice	Summer handicap series
Firefly Fiddle	Boxing Day
<b>INTERNATIONAL CADET</b>	
Trowlock Trophy	Easter Regatta
Munster Cup	Open Meeting
Dappler Trophy	Single-handed event
Winter Mug	Winter series
Southcott Cup	Summer series
Vines Trophy	Best Tamesis Cadet at Cadet Week
John Collier Trophy	Most improved helm
Murray Vines Cup	Up River Race
Cadet Paddle	Boxing Day

<b>OFFSHORE</b>	
Offshore Cup	Annual Offshore Race (Jack's Trip)
Seacock Trophy	Awarded at the Vice Commodore's Dinner by the Society of Ancient Tamesis Mariners to the Offshore Group yacht whose crew commit the greatest faux pas during the annual Offshore Race and Rally.
<b>THAMES A RATERS</b>	
Yates Cup	See Event Notice of Race. Normally sailed on a Saturday in September.
Braganza Bowl	See Event Notice of Race. Normally sailed on a Saturday and Sunday in September.
<b>ALL CLASSES</b>	
Saga Trophy	Thursday evening handicap series May/June
G W Smith Trophy	Thursday evening handicap series July/Aug
Sunday Handicap	Handicap races held at 10.30 on each Sunday, split into 4 mini series (A, B, C and D)
Baker Cup	Ladies' race held in summer
Centenary Cup	Pursuit event. Aggregate of 2 x 2 hour races held in summer
Burnett Challenge Trophy	Individual Handicap pursuit held in summer
Great Tea Race (Cutty Sark Bolt)	Handicap pursuit held in early summer
Trafalgar Trophy	Handicap pursuit held in autumn
RNLI Burgees	Awarded to winner of the race on RNLI day
Uffa's Spoon	Awarded at the Vice Commodore's Dinner to the person who, in the opinion of the current holder, commits the greatest faux pas during the previous year
Serpentine Cup	Inter-club invitation team trophy sailed in March
Burgee Trophy	Team racing between Thames SC, Minima YC and Tamesis
Genatta Plate	Team race between the Royal Canoe Club and Tamesis